

November 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Milk, Bread, Jelly & Pears Milk, Bean and Cheese Tortilla, Carrots & Peas	2 Milk, Waffles, Syrup & Fruit Cocktail Milk, Meatbal Sub, Cheese, Mixed Veggies & Oranges	3 Milk, WG Rice Chex & Pineapple Milk, Turkey A La King, Brown Rice, Carrots, Peas & Cantaloupe	4 Milk, Oatmeal & Peaches Milk, Chicken Fajitas, Bell Pepper, Corn & Fruit Cocktail
7 Milk, English Muffins, Jelly & Pineapple Milk, Chickpea Soup, Pasta, Mixed Veggies & Apples Slices	8 Milk, WG Corn Chex & Pears Milk, Taco Meat Tortillas, Corn & Carrots	9 Milk, WG Cheerios & Fruit Cocktail Milk, Chicken Stir Fry, White Rice, Mixed Veggies & Oranges	10 Milk, Yogurt & Peaches Milk, Ground Turkey Sloppy Joe on Bun, Peas & Honeydew	11 Milk, Corn Flakes & Pears Milk, Chicken A La King, Brown Rice, Carrots, Peas & Fruit Cocktail
14 Milk, Bagels, Cream Cheese & Applesauce Milk, Cuban Black Beans, Brown Rice, Bell Peppers, Carrots & Applesauce	15 Milk, Bread, Jelly & Pears Milk, Taco Meat Chicken Tortillas, Peas & Corn	16 Milk, Waffles, Syrup & Fruit Cocktail Milk, Spaghetti & Meatballs, Broccoli & Oranges	17 Milk, WG Rice Chex & Pineapple Milk, Cowboy Pasta w/ Red Beans, Cauliflower & Cantaloupe	18 Milk, Oatmeal & Peaches Milk, Teriyaki Chicken, White Rice, Cucumber Coins & Fruit Cocktail
21 SCHOOL CLOSED FALL BREAK	22 SCHOOL CLOSED FALL BREAK	23 SCHOOL CLOSED FALL BREAK	24 SCHOOL CLOSED FALL BREAK	25 SCHOOL CLOSED FALL BREAK
28 Milk, Bagel, Cream Cheese & Peaches Milk, BBQ Chicken, White Rice, Mixed Veggies & Apple Slices	29 Milk, Bread, Jelly & Pears Milk, Bean and Cheese Tortilla, Carrots & Peas	30 Milk, Waffles, Syrup & Fruit Cocktail Milk, Meatbal Sub, Cheese, Mixed Veggies & Oranges		